**Creation**

**“And God said, “Let the water under the sky be gathered to one place, and let dry ground appear.” And it was so. God called the dry ground “land,” and the gathered waters he called “seas.” And God saw that it was good. Then God said, “Let the land produce vegetation: seed-bearing plants and trees on the land that bear fruit with seed in it, according to their various kinds.” And it was so. The land produced vegetation: plants bearing seed according to their kinds and trees bearing fruit with seed in it according to their kinds. And God saw that it was good. And there was evening, and there was morning—the third day.” -Genesis 1: 9-13**

**Sprouting a Seed**

Planting a seed helps us see what a fresh start looks like.

Materials:

Two bean seeds (or other seeds)

One paper towel

Clear container (small mason jar or clear cup)

Directions:

1. Fold the paper towel in half lengthwise and in half again.
2. Wrap the paper towel inside a clear container to fit around the sides.
3. Wet the paper towel with small drops of water.
4. On opposite sides of the container, place seeds in between sides of the container and paper towel, allowing beans to be visible.
5. Place the container in a sunny location.
6. Check the container and dampness of the paper towel every day. Wet paper towels as needed with small drops of water.
7. It takes about 3-5 days for changes to appear. Keep a journal each day of what you did and what is happening to the seed you planted.
8. Once your seeds begin to sprout, you can transfer to a pot with soil and continue to watch it grow!